



Name me Please!

A Newsletter Produced by the Bermuda Optimist Dinghy Association

Dates to Remember

- ◆ **Chat** to Magenta Project Girls. RBYC. Feb 18th. 4-6pm
- ◆ **BODA trials:** Feb 20/21 and Mar 12/13 Spare day: April 9

IODA events with Bermuda Teams:

SUDOPTI - March 19-26

Salinas, Ecuador

Opti Worlds - June 25-July

4 Vilamoura, Portugal

Optinam - July 10-18

Antigua

European - July 15 - 22

Italy

- ◆ **Parent Opti Regatta:** May or June 2016 - more info soon

BODA's High Performance Squad

Congrats to the following Opti Sailors part of the Squad led by Pablo Weber.

Christopher Adderley

Felix Cutler

Christian Ebbin

Jordan Etemadi

Rian Geraghty- McDonnell

Sebastian Kempe

Aiden Lopes

Luke Madeiros

Tayte Stefaniuk

Lachie Stewart

Micah Thomas Raynor

Leyli Walker



Welcome to our newsletter!

We are very excited to have our very own newsletter but need every Optimist sailor's help out there! As you can see our newsletter needs a name. Can you help? Please email your name suggestions to monawalker@gmail.com. You can send as many suggestions as you want. BODA will pick one and the winner will also get a surprise prize! Deadline for a name is Feb 20th, 2016.



Team Bermuda at Orange Bowl Regatta, Miami, Dec 2015

CONGRATS TO CECI WOLLMANN, AN OPTI GRADUATE, FOR QUALIFYING TO THE RIO OLYMPICS!

WHAT ARE YOUR ASPIRATIONS AS AN OPTI SAILOR?

Coaches Corner



Photo by Sean Ringstead

Nathan Balley is the Royal Bermuda Yacht Club's Sailing Director. (above, middle with RBYC kids) . Enjoy some tips from Nathan!

- Even when you have had a bad start do not give up, always try and work your way back through the fleet. Especially do not head out to one side of the race track and hope for the best. Try and get back in sequence with the shifts and keep your head outside the boat looking for the pressure.
- When you get involved in a collision or an incident if you are not 100% sure it is better to do a quick penalty spin and then carry on. If you do not spin and then you get protested you could potentially have to discard that score and may be lose a good position. A quick spin should only take you a few seconds and might only cost you a couple of places.

email: monawalker@gmail.com
for questions/suggestions about the newsletter.



From Optis to Olympics to the America's Cup.

Chris Draper (pictured above), British Sailor, 37, started sailing optis when he was seven years old and went on to win several UK Opti Nationals and had a top 15 in Opti Worlds. Chris continued sailing and in 1996 came second in the ISAF Worlds in 420s. Unstoppable, Chris has won two 49er World Championships and Three European Championships. He won a bronze medal at the 2004 Olympics in Athens and in 2009 he finished first place in the Extreme Sailing Series. Chris was the Helmmann for Luna Rossa Challenge in 2012/2013 winning two America's Cup World Series and was a finalist in the Louis Vuitton Final. In 2015 Chris joined SoftBank Team Japan as a Tactician/Wing Trimmer and moved to Bermuda with his wife and two children.

Chris's advice for the Bermuda Opti Kids who want a career in sailing.

*Always make sure you're having as much fun as possible with your sailing. Try to avoid sailing boats you're too heavy for. Pick your route through the sport wisely, look to sail boats that match your strengths and you find exciting. **Train more than you race.***